

# Are you being served

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# **hello** my name is....

**Tracy Litt**

Trust Catering Manager



# **hello** my name is....

**Andy Bickle**

Head Chef & Listening into  
Action (LIA) sponsor



# James Martin experience

University Hospitals   
of Morecambe Bay  
NHS Foundation Trust



**@jamesmartinchef**

#HCA2015





# Listening into Action - LIA

Listening into Action



**Dietitians to develop mobile devices  
to enhance patient care**



#LIAJourney





# Patient involvement

University Hospitals  
of Morecambe Bay  
NHS Foundation Trust







# Growing our own

- After school cookery club
- Children's Ward menu development



University Hospitals **NHS**  
of Morecambe Bay  
NHS Foundation Trust

**Inspiring Barrow**  
*As Inspire*

## Healthy Eating Skills

Healthilicious – Pilot Barrow Community Cook and Eat Programme with Children and Parents



Week	Activity	Learner Sign	Tutor Sign
1	Personal Hygiene, kitchen safety Preparing Fruits		
2	Kitchen safety Preparing and Cooking Fresh Omelette		
3	Knife skills Making Pizzas		
4	Making Carrot soup Making Broccoli soup		
5	Homemade Healthy Chicken Nuggets Fresh Potato Wedges		
6	Learners open discussion – menu items		



# Out of hospital food and nutrition

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Community Meals on Wheels

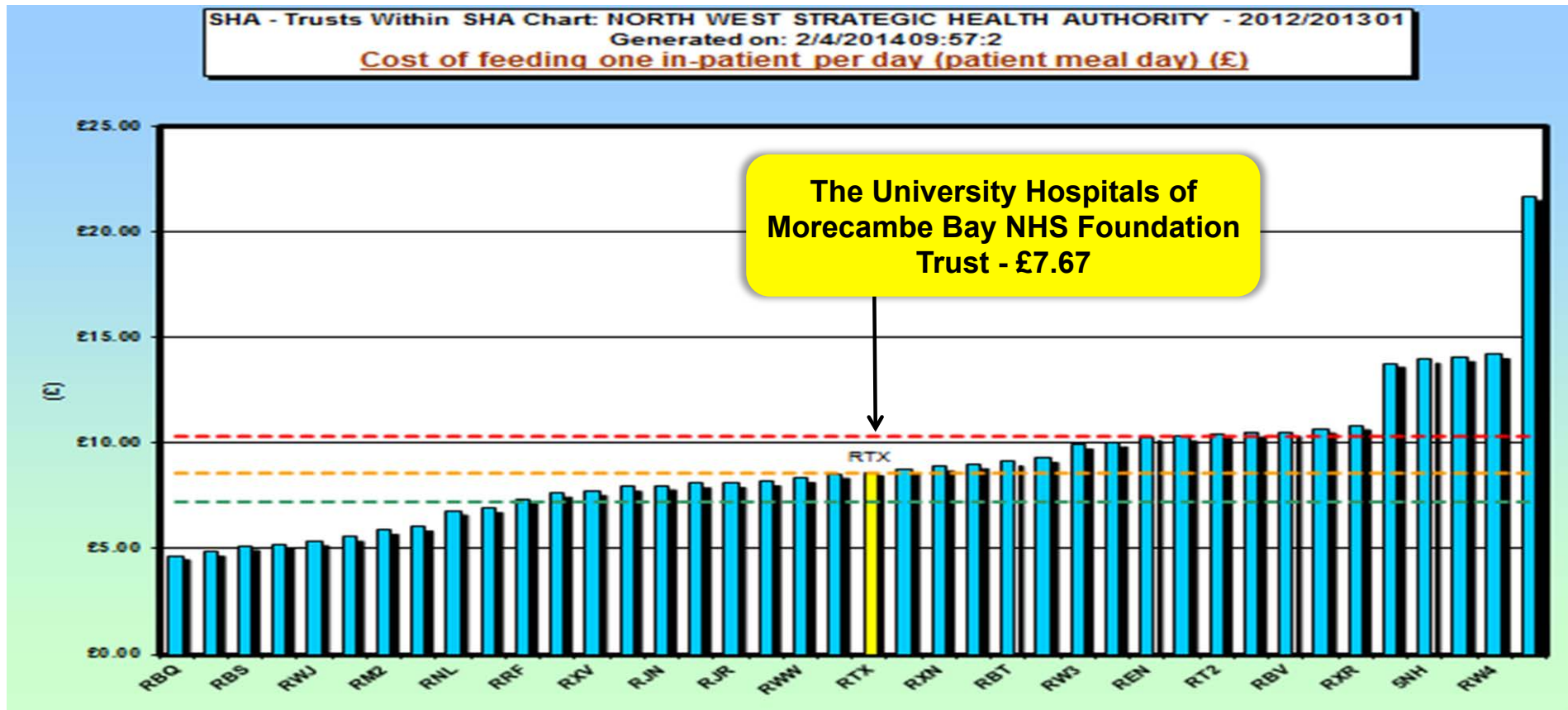


“Next steps” Discharge bag



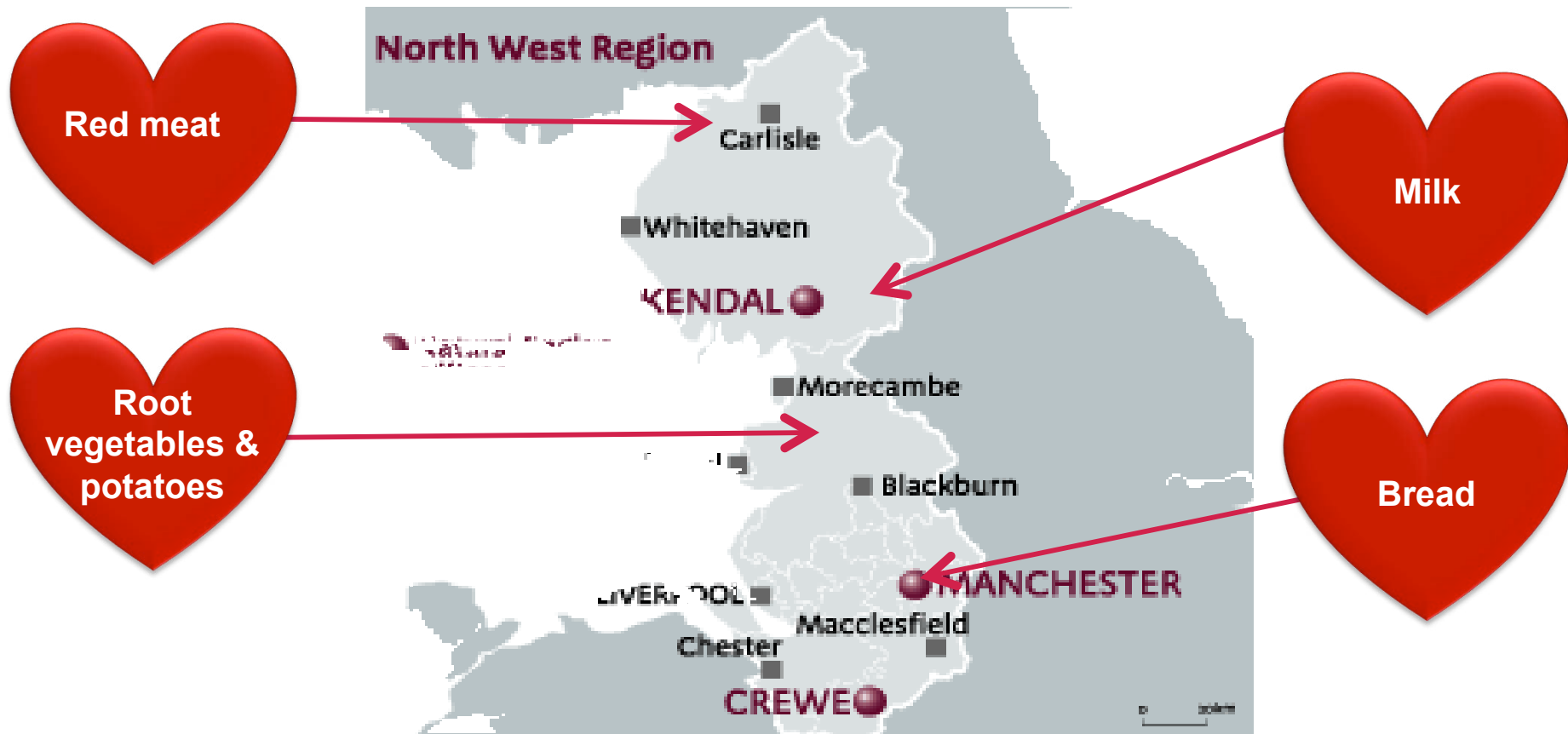


# Cost of feeding one in patient per day £7.67





# Local sustainability – food miles







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