

You Can Make A Difference

Tommy Whitelaw

Project Engagement Lead



**DEMENTIA
CARER VOICES**
people at the centre



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre





You Can Make A Difference



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#HCA2015





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You Can Make a Difference Dementia Carer Voices Campaign

"I will make a personal pledge to use my own experience of caring for someone with Dementia to offer more of my support to a neighbour who is now experiencing life as a Carer for someone with Dementia."

"I pledge to make a difference by promoting active listening / carers in the delivery of person centred, compassionate care."

"To listen to carers, and do what I can to make Glasgow City Council a model of support and respect."

Supporting rights and the carer voice

'You can make a difference'

We hope you've enjoyed today's session and would like to ask you to consider how you can help us make a difference. Please let us know how you plan to make a difference to the experiences of people with dementia and their Carers and we will contact you in 6 months to see how you're getting on.

My pledge: _____

What would stop you fulfilling your pledge?: _____

Name: _____

Email: _____

* Pledges will be collated and published on our web page. If you would prefer for your response to be anonymised please tick here

"I pledge to always remember how it felt to watch my own grandparents succumb to dementia, and honour them by working to ensure that every person who cares and every person who cares for them, receives care and support that respects and honours the people they are and the lives they've lived."

"I would like to pledge my support."

Online Pledges

Instagram posts showing pledges from users like @metellibond, @aimme Scotland, @chris.mcdonoughy, @emilia.garshore, @emma.surrett.palmer, @max.care, @hca, and @kim.pawelek.

You can make a pledge via @dementiacarervo or by email to makeadifference@alliance-scotland.org.uk



You Can Make a Difference Dementia Carer Voices Campaign

YOU can make a difference

Stakeholders: Students, Nurses, Social Workers, Allied Health Professionals, Service Managers, Frontline Staff, Wider Community, GPs.

Pledges:

- "I pledge to ensure that care I give is patient centred. To take time to provide high quality family centred care. To really listen to patients and families." Elizabeth
- "I pledge to listen more and offer support/comfort to people that I know who dementia in their lives. To be more aware." Shona
- "Not just to say I'll be there I pledge to be the hand on someone's shoulder." Jacqui
- "I will do my homework! i.e. find out about people first and foremost before the diagnosis." Victoria
- "I pledge to continue to make sure I know what makes the people I care for safe." Paul Thomas
- "I pledge to take my time listen to what I am being told. Make a difference." Darren Riley
- "I pledge to listen to carers and where necessary ensure they are getting help."
- "Be more aware of how the patient's family is affected and listen to them. Give them opportunity to tell me about their concerns and fears."
- "I pledge to see past the medical condition and really see the person." Bruce Watt
- "I pledge to make a difference to any carer of the person with dementia."





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Thank You!

email the team at

makeadifference@alliance-scotland.org.uk



Or tweet us at

[**@dementiacarervo**](https://twitter.com/dementiacarervo)



Foodmatters

HCA NATIONAL LEADERSHIP &
DEVELOPMENT FORUM 2015

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